



Code of Conduct for Athletes

Please read carefully, it is your obligation to understand and follow this code

Scholastic athletic competition should demonstrate high standards of ethics and sportsmanship and promote the development of good character and other important life skills. The highest potential of sports is achieved when participants are committed to pursuing victory with honor using core values; integrity, respect, responsibility, fairness, and good citizenship. This Code of conduct applies to all student-athletes involved at **The Plex**. I understand that, in order to participate in the high school league, I must act in accord with the following:

- **Integrity** — Live up to high ideals of ethics and sportsmanship and always pursue victory with honor. Do what’s right even when it’s unpopular or personally costly.
- **Respect** — Treat all people with respect all the time and require the same of other student-athletes.
- **Class & Character** — Play with class, be a good sport, be gracious in victory and accept defeat with dignity, give fallen opponents help, compliment extraordinary performance, show sincere respect in pre- and post-game rituals. Consistently exhibit good character and conduct myself as a positive role model. Always remember, participation in sports is a privilege, not a right and that I am expected to represent my school, coach and teammates with honor, on and off the field.
- **Disrespectful Conduct** — Don’t engage in disrespectful conduct of any sort including profanity, obscene gestures, offensive remarks of a sexual or racial nature, trash-talking, taunting, boastful celebrations, or other actions that demean individuals or the sport.
- **Respect for Officials** — Treat contest officials with respect; don’t complain about or argue with official calls or decisions during or after an athletic event, **never use any profanity** towards a referee.
- **Self-Control** — Don’t fight or show excessive displays of anger or frustration; have the strength to overcome the temptation to retaliate, never intentionally injure any player or engage in reckless behavior that might cause injury to myself or others.
- **Integrity of the Game** — Protect the integrity of the game; Play the game according to the rules, live up to high standards of fair play, honor the spirit and the letter of rules, avoid temptations to gain competitive advantage through improper gamesmanship techniques.

I have read and understand the requirements of this Code of Conduct. I understand that I am expected to perform according to this code and I understand that there may be sanctions or penalties if I do not.

Student-athlete signature

Print student-athlete name

Date